

B.Ed. Examination 2018
Semester-IV
Course : B.ED. 146.2
(Guidance and Counselling)

Time : 2 Hours

Full Marks : 35

Questions are of value as indicated in the margin.

Group -A

- Attempt **any one** questions: 1×10=10
1. What is adjustment? Describe the different adjustment mechanisms used by the individual. 3+7
 2. What are the non-testing techniques in counselling? Briefly describe the different types of non-testing techniques. 10
 3. What is guidance in a school? Discuss the different types of guidance services provided in schools. 3+7

Group-B

4. Attempt **any three** questions : 3×5=15
- a) What are the importance of career information and resource sharing for guidance in secondary school? 5
 - b) What are the main factors affecting the mental health of an individual. 5
 - c) Compare the directive and non-directive approaches of counselling. 5
 - d) Discuss different types of violence and their prevention programs. 5
 - e) Explain different techniques of group guidance. 5

Group-C

5. Attempt all the questions : 5×2=10
- a) Mention four tools for collecting data for guidance.
 - b) What is the need of group counselling in a school?
 - c) What is the role of meditation in stress management?
 - d) Why is it important to give vocational guidance to secondary school students?
 - e) What is 'psychotherapy'?
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