

M.S.W. Examination 2018
Semester-IV
Course : XVI
(Counselling : Theory and Practice)

Time : 3 Hours

Full Marks : 80

Questions are of value as indicated in the margin

Answer **any five** questions

1. Define Counselling. What are the various phases of Counselling? Discuss the challenges that Counsellors face while counselling. 2+8+6=16
 2. Elucidate the different Skills and Techniques used in counselling. How are the issues of confidentiality and transparency so vital in modern Counselling processes? 8+8=16
 3. What do you mean by Rational Emotive Behaviour Therapy? How is the therapy relevant and applicable in present day society? 10+6=16
 4. What is the concept of self according to Carl Rogers? How many types of self has he highlighted? Discuss principles of Rogerian Client Centered Therapy. 2+5+9=16
 5. Do you feel that the theory of Existentialism is relevant in current field of Counselling? Justify your answer with real life examples. 16
 6. What is the role of counselling in dealing with patients with addiction or HIV/AIDS? 16
 7. Underline the various ethical standards used in counselling. Discuss the need for ethical standards in counselling. 10+6=16
 8. Write short notes on **any two** of the following : 8+8=16
 - (a) EAP in Industries
 - (b) Post-Trauma Stress Management
 - (c) Use of Psychological Tests
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