

**B.P.Ed. Examination, 2018**  
**Semester-IV**  
**Physical Education**  
**Course: CC-401**  
**(Measurement and Evaluation in Physical Education)**

**Time – 3 Hours**

**Full Marks – 70**

*Questions are of value as indicated in the margin*  
**Answer one question from each unit**

**Unit-I**

1. Describe the meaning of Test, Measurement and Evaluation with examples. Discuss the scope of application of test and measurement in Physical Education and Sports. 6+9=15

**Or**

Discuss the need and importance of Test Measurement and Evaluation in Physical Education and Sports. Write the principles of evaluation. 10+5=15

**Unit II**

2. What do you mean by criteria of a good test? Validity, Reliability and Objectivity are the important criteria of a good test – explain and how these can be determined? 3+12=15

**Or**

Describe diagrammatically the classification of tests. Discuss the preparation which tester should take before, during and after test administration. 2+7+6=15

**Unit-III**

3. (a) Define physical fitness and write components of physical fitness. 5  
(b) Describe in detail AAHPER Youth Fitness test 10

**Or**

Describe in detail N.P.F.P. test. 10

**Unit-IV**

4. (a) What do you mean by sports skill test? 5  
(b) Describe in detail McDonald Soccer test. 10

**Or**

Describe in detail SAI Volleyball test. 10

**Unit-V**

5. Answer **any ten** questions from the following: 10x1=10
- i) A test is able to measure accurately what it is supposed to measure is called – (objectivity/ Norms/ Validity/Reliability)
  - ii) Purpose of evaluation is to make – (Failure/Judgment/Measurement/None)
  - iii) JCR test measures (Football Skill/Hockey Skill/Motor fitness/Co-ordination)
  - iv) Agility is a component of (height/metabolism/posture/motor fitness)
  - v) Dribble test in Basketball is a test item of (Hockey skill test/Mc Donald Soccer test/Johnson Basketball test/None)
  - (vi) A set of questions is called (measurement/evaluation/test/presentation)
  - (vii) The information obtained in the form of numerical values is called (Test/Evaluation/ Measurement/Accredation)
  - (viii) Standing broad jump measures (height/change of direction/agility/none)
  - (ix) Which is not a criteria of a good test? (Norms/Reliability/Validity/Free movement)
  - (x) In McDonald Soccer test the width and height of the wall is (30' & 11½' / 40' & 11' / 35' & 12' / 32' & 11')
  - (xi) In JCR Test which item is not included in the Test? (100 yds shuttle/ Vertical Jump/ Chinning/ Standing broad Jump)
  - (xii) Flexibility measures – (i) Tension (ii) Stretch (iii) Durability (iv) None of these