

B.A./B.Sc. (Honours) Examination, 2018
Semester-VI
Physical Education
Course: BABSCH-361
Vocational Optional : (a) Physiotherapy

Time – 3 Hours

Full Marks – 40

Questions are of value as indicated in the margin
Answer one question from each Unit

Unit-I

1. What do you mean by Physiotherapy? Write its importance in sport. 2+6=8

Or

What is Physiotherapy? Write down the needs of Physiotherapy in the field of Physical Education and Sport. 2+6=8

Unit-II

2. Write down the concept of hydrotherapy with your own words. Write down any two methods of hydrotherapy with diagram in detail. 4+4=8

Or

What is heat therapy? Write down the effect of heat on human body. Mention any two methods of heat therapy with diagram in detail. 2+2+4=8

Unit-III

3. What is Electrotherapy? Write its two methods with diagram in detail. 2+6=8

Or

What is sound therapy? Discuss five types of sound therapy with examples. 2+6=8

Unit-IV

4. Explain massage therapy in detail with different types of techniques. 8

Or

What is Posture? Describe five postural deviations with corrective exercises. 2+6=8

Unit-V

5. Discuss about some common sport injuries with its prevention and rehabilitation. 8

Or

What is therapeutic exercise? Explain passive and active exercise therapy with diagram. 2+6=8
