

**B.A./B.Sc. (Honours) Examination, 2018**  
**Semester-VI**  
**Physical Education**  
**Course: BABSCH-362**  
**Specialization: Sports Training: (b) Basketball**

**Time – 3 Hours**

**Full Marks – 40**

*Questions are of value as indicated in the margin*  
**Answer one question from each Unit**

**Unit-I**

1. Write the names of two Arjuna Awardee in Basketball? How the game of basketball was developed? 2+6=8

**Or**

Write short notes on (i) BFI (ii) Basketball in Olympic Games. 4+4=8

**Unit-II**

2. Draw the restricted area of a standard Basketball court and a standard backboard with update marking. What is the height of the ring from the floor of a Basketball court? 6+2=8

**Or**

Write short notes on: (a) Foul in Basketball (b) Violation in Basketball. 4+4=8

**Unit-III**

3. What is training load? Discuss in details about the principles of load and adaptation. 2+6=8

**Or**

What is periodization? Write in details about the aim and contents of periodization. 2+6=8

**Unit-IV**

4. What is technique? Write the cardinal principles of shooting. 2+6=8

**Or**

What is set play? Write in details about fast break. 2+6=8

**Unit-V**

5. What is competition? Write in details about the merits of a competition. 2+6=8

**Or**

Write short notes on: (a) Agility test (b) Basketball specific endurance test. 4+4=8

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