

**BA./B.Sc. (Honours) Examination, 2018**  
**Semester-II**  
**Physical Education**  
**Course: BABSCH-121 (Old Syllabus)**  
**(Health Education & First Aid)**

**(For Back Candidates only)**

**Time – 3 Hours**

**Full Marks – 40**

*Questions are of value as indicated in the margin*

**Answer one question from each unit**

**Unit I**

1. What is Health? Explain the aim and objectives of health. 2+2+4=8

**Or**

What do you mean by Health Education? Explain any two Dimensions of health. 3+5=8

**Unit II**

2. What do you mean by hygiene? What precautions should be adopted to avoid eyes and hair problem? 2+6=8

**Or**

'Care of skin is vital for personal health' – Discuss. 8

**Unit III**

3. What are communicable and non-communicable diseases? Explain the causes and preventive measures of Malaria in details. 3+5=8

**Or**

Discuss in detail about the causes and prevention of cancer. 8

**Unit IV**

4. Write short note on 4+4=8

i) Functions of WHO

ii) Functions of Red Cross Society

**Or**

Write in details about the Role of Central Council of Health in India. 8

**Unit V**

5. What does First Aid mean? 2+3+3=8

Write down the importance of First Aid.

What are the Golden rules of First Aid?

**Or**

Discuss in detail about the First Aid of Snake bite. 8

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