

B.Sc. (Honours) Examination, 2019
Semester-IV
Yogic Art & Science
Course : BS-CT 401
(Four Stream of Yoga)

Time : 3 Hours

Full Marks : 70

Questions are of value as indicated in the margin

Question No.7 is compulsory
Answer any four questions from the rest

1. What is *Rajyoga*? Explain after Swami Vivekananda the criteria of *Raj-Yoga*. 15
 2. Illustrate the “Nature of Bhakti” according to “*Naradiya Bhaktisutra*”. 15
 3. Discuss the concept of “*Anasakti*”. 15
 4. What are the pre-requisites of *Sthitaprajna* Discuss. 15
 5. Discuss after *Naradiya Bhaktisutra* how *Bhakti* can be attained. 15
 6. State the nature of *Maya* after Swami Vivekananda’s *Jnana-yoga*. 15
 7. Write short notes on **any two** of the following : 5×2=10
 - a) *Anubandha Chatustaya*
 - b) Samadhi
 - c) *Sravan, Manan, niddihasun*
 - d) *Kundalini*
-