

M.P.Ed. Examination, 2019
Semester-IV
Physical Education
Course : MPCC-402
(Sports Psychology)

Time : 3 Hours

Full Marks : 70

Questions are of value as indicated in the margin

Answer **one** question from each unit.

UNIT - I

1. Explain present state of sports Psychology in India. 14

Or

Explain factors affecting Perception in sports. 14

UNIT – II

2. Explain the need of Motivation in sports with suitable example. 14

Or

Explain the causes of Anxiety in sports with suitable example. 14

UNIT – III

3. Describe the process of Goal setting in sports and Physical Education. 14

Or

Enlist the type of Psychological tests and explain any one in detail. 4+10=14

UNIT – IV

4. Elaborate the process of socialization through sports. 14

Or

Elaborate Leaderships in sports. 14

UNIT - V

5. Discuss Group Cohesion and Group interaction in sports. 7+7=14

Or

Discuss Women participation in sports. 14
