

B.A./B.Sc. (Honours) Examination, 2018
Semester–III
Physical Education
Skill Enhancing Compulsory Course- SECC-1
(Officiating in Games and Sports)

Time: Two Hours

Full Marks: 20

Questions are of values as indicated in the margin.

Answer one question from each unit.

Unit-I

1. Explain in details development of sports and physical education after Independence in India. 4

OR

Explain any two National bodies controlling the sports and their affiliated units. 4

Unit-II

2. Draw the diagram of Football field and Kho-Kho court with all measurements. 4

OR

Explain the off-side rule of football and also explain for which violation of rule penalty awarded in football. 4

Unit-III

3. Define sports training. Explain principles of sports training. 4

OR

What is Periodisation? Explain in details different types of periodisation. 4

Unit-IV

4. Explain in details different tactical concepts applicable to the game/sport. 4

OR

Explain the various classification of techniques. 4

Unit-V

5. What do you mean by competition? Explain different types and merits of competition. 4

OR

What is Evaluation? Explain any one general fitness test in physical education.
