

**B.A./B.Sc. (Honours) Semester-V Examination 2014**

**Physical Education  
Course : BABSCH-353  
(Sports Psychology)**

**Time : Three Hours**

**Full Marks : 40**

Questions are of value as indicated in the margin

Answer **one** question from each unit

**UNIT - I**

1. What is Psychology? Explain Psychology as a subject as viewed by the Psychologists. 2+6=8

OR

What is sports Psychology? Explain the role of sports Psychology in Physical Education. 2+6=8

**UNIT - II**

2. Explain the human development stages with respect to movement skills during the growth. 8

Or

Explain laws of learning with examples from Physical Education & explain learning curve. 5+3=8

**UNIT - III**

3. Explain memory with examples from Physical Education & sports. 8

Or

Explain Intelligence and Intelligent Quotient (IQ). 4+4=8

**UNIT - IV**

4. Elaborate the development of Personality with examples. 8

Or

Describe Anxiety with its types. 8

**UNIT - V**

5. Explain the importance of Motivation in Physical Education & Sports. 8

Or

Elaborate Competition and its types. 8

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