

B.A./B.Sc. (Honours) Semester-I Examination 2014

Physical Education

Course : BABSCH-111

(Foundation Physical Education)

Time : Three Hours

Full Marks : 40

Questions are of value as indicated in the margin

Answer **one** question from each unit

UNIT - I

1. Define Physical Education. Write in details the need and importance of Physical Education.

2+6=8

OR

What is the aim of Physical Education? Discuss the place of Physical Education in Tagore's scheme of Education.

2+6=8

UNIT - II

2. Write the meaning of Growth and Development. Explain the Principles of Growth and Development.

2+6=8

Or

Define Physical fitness. Explain in details the components of Physical fitness.

2+6=8

UNIT - III

3. What is Philosophy? Discuss the Philosophy of Pragmatism in relation to Physical Education.

2+6=8

Or

What is learning? Explain in details the laws of learning.

2+6=8

UNIT - IV

4. Discuss in details sports as social institution and their influence on society.

8

Or

Write the role of Games and Sports in National and International integration.

8

UNIT - V

5. Discuss the historical development of Physical Education and sports in India during pre-independence period.

8

Or

Write the 'Motto' of Olympic Games. Explain in details about Modern Olympic Games.

2+6=8
