

M.P.Ed. Semester-I Examination 2014

Course : MPED-114

(Exercise and Sports Psychology-I)

Time : Three Hours

Full Marks : 40

Questions are of value as indicated in the margin

Answer **one** question from each unit

UNIT - I

1. State the need and importance of sports psychology to a Physical Educationist. 8

OR

State the relationship of sports psychology with other sports sciences. 8

UNIT - II

2. Define Motivation. State the techniques of Motivation. 2+6=8

Or

Explain the concept and theories of Aggression. 3+5=8

UNIT - III

3. What do you mean by cognitive development? How this helps in Motor skill learning? 4+4=8

Or

What is perception? Explain the role of perception in games and sports. 2+6=8

UNIT - IV

4. What do you mean by Group Dynamics? State the presence of spectators in sports performance. 3+5=8

Or

Describe the role of leadership in sports. 8

UNIT - V

5. Elaborate the Ethical crisis in Physical Education. 8

Or

Explain the stages of Moral development with special reference to sports. 8
