

M.P.Ed. Semester-I Examination 2014
Course : MPED-111
(Foundations of Physical Education)

Time : Three Hours

Full Marks : 40

Questions are of value as indicated in the margin

Answer **one** question from each unit

UNIT - I

1. Define Physical Education and writedown the aim & objectives of Physical Education. 2+2+4=8

OR

State the traditional philosophies. Explain the implication of Idealism in Physical Education.

2+6=8

UNIT - II

2. Define sociology. Write down the role of institution in participation in games and sports. 2+6=8

Or

“Sports play an important role in international relations” - Discuss.

8

UNIT - III

3. Discuss the development of Physical Education in pre-indipendance era in India. 8

Or

Critically review the Ancient Olympic games.

8

UNIT - IV

4. What do you mean by Somato type? Explain in detail the classifications made by Sheldom along with characteristics. 2+6=8

Or

Distinguish between Growth & Development. Write down the relationship between Growth and Physical Education

3+5=8

UNIT - V

5. Define Learning. Writedown the different Laws of learning with suitable examples. 2+6=8

Or

Write down the phases of learning along with characteristics.

2+6=8
