

M.P.Ed. Examination, 2015

Semester-II

Physical Education

Paper – MPED-124

(Health Education)

Time: 3 Hours

Full Marks: 40

Questions are of value as indicated in the margin.

Answer **one** question from each unit.

Unit-I

1. Discuss any two factors which influence health. 4+4=8

or

Write an essay on the contents of Health Education. 8

Unit-II

2. Write in detail about the School health services. 8

or

Explain in detail the Healthful school environment. 8

Unit-III

3. Define Nutrition. Explain in brief about the Micro-Nutrition and its role. 2+6=8

or

What do you mean by 'Food Hygiene'? Discuss in detail. 3+5=8

Unit-IV

4. (a) Differentiate communicable diseases and Non Communicable diseases.
(b) Write down the causes and symptoms of Jaundice. 4+4=8

or

Discuss in detail about the Diabetes and its prevention. 8

Unit-V

5. Write in detail about Housing Sanitation and Drinking Water. 4+4=8

or

Discuss in detail about the Major health problems as given below: 4+4=8

(a) Hazards of alcohol.

(b) Smoking and drugs.
