

B.A. / B.Sc. (Honours) Examination, 2019
Semester-VI
Physical Education
Course : BABSCH - 361
(Physiotherapy)

Time : 3 Hours

Full Marks : 40

Questions are of value as indicated in the margin

Answer one question from each unit

UNIT - I

1. What do you mean by Physiotherapy? What is prevention, injury care and rehabilitation? 8

Or

Explain why Physiotherapy is important in the field of sports. 8

UNIT - II

2. Discuss about Hydrotherapy and its various methods. 8

Or

Discuss about Heat therapy and the uses of various modalities of Heat therapy. 8

UNIT - III

3. Describe Muscle stimulator and nerve stimulator and its uses with diagram. 8

Or

Describe natural and instrumental sound therapy and its uses. 8

UNIT - IV

4. Explain Massage therapy and its different methods with diagram. 8

Or

Define posture and discuss normal and abnormal posture with diagram and remedial exercises for abnormal posture. 8

UNIT - V

5. Discuss about common sport injuries and their rehabilitation process. 8

Or

Discuss about Exercise therapy in the line of Active and Passive Exercises. 8
