

B.P.Ed. Semester-I Examination 2014
Course Code : BPED - 115
(Health Education of First Aid)

Time : Three Hours

Full Marks : 40

Questions are of value as indicated in the margin

Answer **one** question from each Unit

UNIT - I

1. Define Health and Health Education. Discuss in details the Principles of Health Education 2+2+4=8

OR

Write an essay on Importance of personal hygiene in daily life. 8

UNIT - II

2. What do you mean by Fitness? Classify postural deformities with their effective remedies. 2+6=8

Or

What is food and Nutrition? Discuss any two Nutrients with their importance. 4+4=8

UNIT - III

3. What do you mean by School Health Programme? Explain the terms- (a) Health Service (b) Sanitation Arrangement. 2+6=8

Or

What is cancer? What are the symptoms of cancer? Write down the method of controlling cancer with the help of special food. 1+2+5=8

UNIT - IV

4. Write short notes on : 4+4=8
(i) Ministry of Health and Family welfare (ii) ICMR

Or

Discuss in details the role of UNICEF and UNESCO in our society. 4+4=8

UNIT - V

5. Define the term "First Aid". Write down the Symptoms of Fracture and its management through First Aid. 2+6=8

Or

How will you manage the Sports Injuries by applying the Knowledge PRICER? 8
