

B.P.Ed. Semester-I Examination 2014
Course Code : BPED - 111
(Principles and History of Physical Education-I)

Time : Three Hours

Full Marks : 40

Questions are of value as indicated in the margin

Answer **one** question from each Unit

UNIT - I

1. Define Physical Education. Explain the need of Physical Education in modern living. 2+6=8

OR

What are the aim and objectives of Physical Education? Write the scope of Physical Education. 4+4=8

UNIT - II

2. Explain the role of the Philosophy of Pragmatism in the field of Physical Education. 8

Or

Write the relation between the Philosophy of Naturalism and Physical Education. 8

UNIT - III

3. Differentiate between Growth and Development. Write the factors that influence Growth and Development. Explain the Principles of Growth and Development. 2+2+4=8

OR

Define Physical fitness. Explain in details the components of Physical fitness. 2+6=8

UNIT - IV

4. Discuss in details the spread of modern games and sports during the British period in India. 8

OR

Write a history about the establishment of Physical Education colleges and teacher-training in Physical Education in India. 8

UNIT - V

5. Write notes on the contribution of Rabindranath Tagore in the field of Physical Education and sports. 8

OR

Explain the contribution of H.C. Buck towards Physical Education. 8
