

B.A./B.Sc. (Honours) Semester-VI Examination, 2015

Physical Education

Course : BABSCH - 362

(Specialization : Sports Training : Football)

Time : Three Hours

Full Marks : 40

Questions are of value as indicated in the margin.

Unit - I

1. Write short notes on :

(a) National bodies controlling the game.

4+4=8

(b) International bodies controlling the game.

OR

Explain the development of Football at the National level (AIFF).

8

2. Draw a diagram of Football field with all measurements.

8

OR

Explain the off-side, Indirect free kick, players equipments, and tie breaking rule. 2+2+2+2=8

3. Define sports training. Discuss the characteristics and aim of sports training.

2+6=8

OR

What do you understand by 'LOAD'? Explain the Principles of load.

2+6=8

4. How you will teach high drive kick and Receiving the ball with chest to the beginners?

4+4=8

OR

Explain the meaning of Tactics & strategy. Discuss the classification of Tactics in Football.

4+4=8

5. Write down the meaning and types of competition. How you will prepare your team for school tournament specially during competition period.

4+4=8

OR

Discuss General fitness test and skill test for football.

4+4=8
