

B.A./B.Sc. (Honours) Semester-VI Examination, 2015

**Physical Education
Course : BABSCH - 361
(Physiotherapy)**

Time : Three Hours

Full Marks : 40

Questions are of value as indicated in the margin.

Answer one question from each unit.

Unit - I

1. Explain the need of Physiotherapy. What are the common methods of Physiotherapy? 4+4=8

OR

“Physiotherapy is an important tool for sports persons” - Discuss. 8

Unit-II

2. What is cold therapy? Explain different method of cold therapy with necessary diagram. 2+6=8

OR

What is Hot therapy? Explain different methods of hot therapy with diagram. 2+6=8

Unit-III

3. “Sound can be used as therapy”. Discuss it with diagram. 8

OR

Explain the difference between muscle and nerve stimulator and its utility for rehabilitation. 8

Unit-IV

4. What is good and bad posture? Explain it with the diagram. 2+6=8

OR

Why massage is important in modern life? Explain massage from superficial level to deep level. 2+6=8

Unit-V

5. Discuss about the common sport injuries with its prevention and rehabilitation techniques. 8

OR

What do you mean by Exercise Therapy? Describe passive and Active exercise therapy. 2+6=8
