

M.Ed. Examination, 2019
Semester-IV
Course : MED-244.1
(Guidance and Counselling)

Time : 3 Hours

Full Marks : 70

Questions are of value as indicated in the margin.

Group - A

1. Attempt **any four** of the following questions: 4×10=40
- a) Discuss the need and importance of vocational guidance at Higher Secondary level.
What kind of techniques you will use in group guidance? 6+4
 - b) What are psychological tests? Describe two psychological tests used to collect the data for guidance of students. 2+4+4
 - c) What are the different approaches to counseling? Explaining the steps of counseling in a school. 5+5
 - d) What are the symptoms of mentally unhealthy person? How a teacher can play a role of guidance personnel in promoting positive mental health of his/her students at school. 4+6
 - e) Who is an adjusted person? Do the psychodynamic concept of adjustment correlates with socio-cultural concept of adjustment? If Yes/No explain how? 3+7

Group - B

2. Attempt **any four** of the following questions : 4×5=20
- a) Differentiate between counseling and psychotherapy. 5
 - b) Write the importance of the cumulative records. How is it different from Anecdotal records? 3+2
 - c) Explain psychoanalytical techniques of counseling. 5
 - d) How will you counsel an attention deficit and hyperactive child? 2.5+2.5
 - e) Explain the defence mechanisms which lead an individual from mal adjustment to adjustment with suitable examples. 5

Group - C

3. Attempt **all the questions** 3×2=6
- a) Write four characteristics of non-testing techniques in counseling.
 - b) What is Disrupt Behaviour Disorder?
 - c) What do you know about humanistic method of counseling?

Group - D

4. Attempt **all the questions** 4×1=4
- Choose the correct response for the following items:
- a) A little girl dresses herself well like a lady but she enjoys more to play cards with her father there-
 - i) Mother is her role model ii) Father is her role model
 - iii) Mother is her care giver but father is her playmate.
 - iv) Father is her care giver but mother is her playmate.
 - b) Psychologists call delinquents as “Juvenile” due to –
 - i) Act of Law ii) Penal code iii) Specific developmental Period
 - iv) Specific age range

(2)

- c) The principal cause of maladjustment is
 - i) ambivalence ii) negative defences iii) anxiety iv) internal conflict
 - d) Find out the correct statement
 - i) Guidance is provided when required ii) Counseling is a continuous process
 - iii) Guidance and counseling do not require reliable data
 - iv) Guidance and counseling are age specific.
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