

B.A. / B.Sc. (Honours) Examination, 2019
Semester-VI
Physical Education
Course : BABSCH - 362
Specialization: Sports Training: (c) Cricket

Time : 3 Hours

Full Marks : 40

Questions are of value as indicated in the margin

Answer one question from each unit

UNIT - I

1. Trace the historical development of Cricket in India? Explain the important steps taken by ICC to develop Cricket throughout the world. 4+4=8

Or

Write in detail about the organizational structure of CAB and its function. 4+4=8

UNIT - II

2. Draw a pitch of limited over cricket with all its measurements with special reference to protected area. 6+2=8

Or

Draw and explain the Umpire's signals used during limited over cricket. 8

UNIT - III

3. What do you mean by skill acquisition in Cricket? Explain the important phases of skill acquisition in Cricket. 4+4=8

Or

Discuss in detail about the concepts of warm-up and recovery. 8

UNIT - IV

4. Explain the procedure of measurement of a standard run-up distance for a pace bowler. How will you develop a run-up action for a pace bowler? 4+4=8

Or

Explain the key points of Set-Up in Batting and suggest any two drills of each phases of set up to improve the skill. 4+4=8

UNIT - V

5. How will you prepare your cricket team before an Inter school Cricket tournament? Explain how you will develop the running between the wickets in cricket batting? 4+4=8

Or

Explain the term competition and discuss in details about the merits of competition. Explain the procedure of Yo-Yo fitness test in cricket with diagram. 4+4=8